

Area Committee Well-being Fund – Project Proposal
Outer West Area Committee

Project Name: Swinnow & Heights Development Worker

Lead Organisation: Healthy Living Network

Project Delivery - How will the project be delivered? (list any partners involved in the project):

The Area Committee funded a community development post between November 2010 and November 2011 which focussed on reducing health inequalities and building capacity in Swinnow. During this time initiatives such as family cookery, an older peoples health course, mens health comedy, exercise classes and encouraging residents to volunteer were very successful. The Healthy Living Network have supported this post for an extra 3 months from December to March as it was felt it was very important for the work to continue.

It is suggested that this work could be extended into the Heights and the Gambles where there is little work being done but a high area of need.

It is suggested that 9 hours of this post is spent in Swinnow and 9.5 in the Gambles and Heights

Project Summary (include a brief description of the main activities,):

Proposed Actions Swinnow:

- Youth committee for developing activities not only for young people but for the whole community;
- Tea time club running once a week;
- Ongoing community development work using different methods to engage with the community e.g. facebook, events, activity sessions.

Proposed Actions For Heights & Gambles:

- Courses run for young people with different groups looking at the issues in a non prescriptive way, as peer health educators. Also linking with other groups in the area, community health team etc and developing a referral system for local schools to signpost targeted children.
- Activities run with and for local residents building on what they need and finding suitable venues including travel to another venue if more appropriate.

Outcomes (summarise the main outcome/output/benefit the project will achieve):

Proposed outcomes Swinnow:

- Increased involvement of young people in activities in the area;
- Increased involvement of community members in day to day promotion, involvement and

running of the centre;

- Improved opportunities for health and well being family activities in the area.

Proposed outcomes Heights and Gambles

- Improved awareness of young people in the area of issues such as staying safe, sexual health, substance misuse and emotional well being and self esteem.
- Increased engagement and involvement of isolated residents with activities in the area.

Project Cost. Please indicate

How much the project will cost? (List all partners and their contributions)

Total Cost - £19,922

Identify which geographic areas will benefit:

Farnley and Wortley Ward
Pudsey Ward